

From: ["Non-Traditional Student Programs" <ntsp@ualr.edu>](#)

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Subject: Homecoming & FREE Tutors, Massages and Pancakes for Finals!!



Hello,

The end of the semester is near and many of you will be graduating. Congratulations and good luck on your future endeavors. I would like to say "Thank You" to the 200+ students that submitted a Thank You card during National Non-Traditional Week to a professor or staff member. You have no idea how much that touched them, but I was fortunate enough to hand deliver them and see their reactions. A few cried tears of happiness, all smiled from ear to ear and were overwhelmed with the gesture. If you didn't get a chance to send a card last week, please take the opportunity to send one by the end of the semester.

Best, Cynda Alexander
Non-Traditional Student Programs Coordinator

Campus Fall Events

- Homecoming, Nov.14, Go Trojans! Join us for tailgating from 11-2:30-Free lunch, t-shirts, and Trojan swag will be provided. Games start at 3:00.
- Campus Life Movie Night, Nov.19, *Straight out of Compton, Rated R*
- Thanksgiving Holiday, Nov. 25-27
- Last Day to Drop Class, Dec. 1
- UPC Fall into a Massage, Dec. 2, 10am-2pm, DSC Leadership Lounge, Relax a little as you prepare for finals!
- Who's Who Nomination Deadline, Dec. 4, See below for more information.
- Chancellor's Late Night Pancake Breakfast, Dec. 7, 9pm-10:30pm, DSC Diamond Cafe, Enjoy a late breakfast in the midst of late night finals week studying.
- Finals Week, Dec. 8-15
- Commencement, Dec. 19, Congratulations graduates!

Never miss an event, subscribe to the event calendar [HERE!](#)

NTSP 2016 Spring Events

- NTSP Open House, Jan. 11, 11am-1pm, Stop by for information on mentoring, tutoring, scholarships, and all the support services we have for non-traditional students.
- NTSP Info Table, Jan. 12, 11am-1pm
- Scholarship Workshop, Jan. 27, 1-3pm, DSC Ledbetter B/C, Come find out how to get a FREE education with scholarships and grants. There are scholarships for everyone, even grad students!

FAQ

Where can I learn about career options?

To find out the answer to this question and more, click the FAQs button below!

[NTSP FAQs](#)

The Power of Peer Mentoring

Did You Know ...

We have FREE tutors to help you prepare for and get through finals.

Study Places

Academic Success Center Computer Lab/ Student Lounge, SPC RM 117-B--All students are welcome to take full advantage of the high-tech lab and printing services. It is a place to eat, relax, and study.

Ottenheimer Library Student Computer Lab, LIB 104--The lab is available to all UALR students throughout the semester.



Peer mentors draw from their own experience to offer encouragement and support to their mentees and provide a connection to our university.

[Become a Mentor](#)

[Request a Mentor](#)

[Peer Mentoring
Answers](#)



Student Support Center Now Open

The Link provides recruitment, outreach and student success services and support for the college. This center is an extension of our college-wide commitment to our

EIT Student Computer Lab--This lab is one of the most advanced labs on the entire UALR campus, featuring whiteboards, dozens of computers, laptop space, quick access to the Sub Connection for a snack, and easy access to the EIT Student Services office.

Study Help

[University Writing Center](#) --SUB RM 116, The Writing Center provides quality feedback about your writing, problem-solving strategies for your writing, and assistance with academic technology.

[The UALR Mathematics Assistance Center](#) --ETAS 409, Available in the MAC are tutors for math, physics, chemistry and basic statistics as well as DVDs and computers. There are also comfortable couches and a quiet study room off of the lab.

[Ottenheimer Library Research Consultations](#) -- Need help with your research paper or project? Librarians at Ottenheimer Library are available by appointment to provide extensive, personalized research assistance.

[Peer Tutoring](#) --If you find yourself struggling, get help from a Non-Traditional Student Programs Peer Tutor. Rates begin at \$12.00 per hour, but are subject to change.

[Language Resource Center](#) --Stabler Hall 202, This center has 24 PC laptop computers, the latest language multimedia helps, tutoring, and native speaking and foreign language major staff.

[Counseling Services](#) --See Counseling Services if you need help dealing with the stress of this time of the semester or with other aspects of your life such as time management.

students.

Who's Who Opportunity

If you are a Junior, Senior, or Graduate/ Law student currently enrolled at UALR you may be eligible to be included in the Who's Who Among Students in American Universities and Colleges and the including \$5,000 scholarship. Click [here](#) for selection criteria.

Students, faculty, and staff may nominate students using the [nomination form](#) for Who's Who. Students may nominate themselves.

Current Job Openings

The Cooperative Education Internship & Placement Office partners with employers to provide meaningful work-integrated learning opportunities for qualified students. Click the link to find out more.

[Student Internships](#)

[UALR Jobs](#)

Test-Taking Strategies

Now that you have the help you need from UALR's many resources, here are a few tips for being your own resource for finals.

Be early: Arrive early for your test so you don't feel rushed, elevating your anxiety and decreasing your ability think through the answers on your test.

Be careful: Pay careful attention to the instructions before and during the test. IT is easy to answer a wrong by just misreading the question or the instruction, and not because you didn't know the answer.

Be sure: If you are uncertain of what the instruction or question means, ask your professor for clarity.

Be planned: When you first get the test glance through it so you know how much work you have for the time you are allowed. Then, you know how much time you can give each question or section.

Be generous: If you are stumped by a questions or you have a lapse in memory, don't panic. Skip the question and come back to it. Some other question on the test may actually trigger your memory.

Be correct: If you have time when you have finished the test, use that time to go back over your test to make sure you have answered to the best of your ability without mistakes. You may well earn a few more points back by doing this very thing.

Let's Talk Turkey



Helpful Links

- [Campus Life](#)
 - [Health Services](#)
 - [Counseling](#)
 - [Bookstore](#)
 - [Student Accounts](#)
 - [Financial Aid](#)
-

In the autumn of 1621, 50 surviving Pilgrim colonists (half the number who arrived the year before) of the Mayflower, the Wampanoag Indians, and Squanto, who served as translator, celebrated their first successful harvest. In 1789, George Washington declared Thursday, November 26 a Thanksgiving holiday intended as a public day of thanksgiving and prayer. But it wasn't yet a yearly national tradition.

Starting in 1827, Sarah Josepha Hale, author of "Mary Had a Little Lamb," inspired by a book of Pilgrim life, championed the cause to celebrate the Thanksgiving feast on a set date for the entire nation. Up to this time many states had set their own days for the Thanksgiving holiday. Finally, in 1863, in response to a letter from Hale and in the midst of the Civil War, President Lincoln set Thanksgiving as a national holiday to be celebrated on the fourth Thursday of November every year.



Professional and Student Organizations

Why is it important to join professional and student organizations?

Check out the complete list of UALR Student Organizations [HERE!](#)

Professional organizations are amazing resources for keeping current in your field, professional publications, education and service opportunities, scholarships, internships, jobs, & networking.

Student Professional Organizations can serve a lot of the same purposes, helping you get hired after you graduate.

One organization that functions on campus is the [Student Government Association](#). Jacob Laan, president of the SGA, "The Student Government Association is a group of student leaders, elected or appointed by their peers, that represent the collective interests of every student at UALR. As liaisons between students and the University, SGA develops and oversees programs and initiatives aimed at advancing the social, professional, and educational well-being of the entire student body."

You haven't failed until you stop trying.

~ Unknown

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